

Firefighter Annual Assessment Package

PACKAGES			Male	Female
Intake & History - Includes Mental Health Survey			✓	✓
Lifestyle & Habits			✓	✓
Immunization Review			✓	✓
Physical Exam	Skin		✓	✓
	Testicular Exam and DRE		✓	
	Breast and Pelvic			✓
Vision q2y			✓	✓
Hearing			✓	✓
Vital Signs			✓	✓
Body System	Item			
Hematology	CBC with Diff		✓	✓
	Electrolytes		✓	✓
	At Risk	Anemia w/u		
Cardiovascular & Metabolic System	Lipid Panel		✓	✓
	Diabetes		✓	✓
	Thyroid Function		✓	✓
	Resting EKG		✓	✓
	Coronary Analysis		✓	✓
	ABPM		✓	✓
	At Risk	Echocardiogram	✓	✓
		Stress Test	✓	✓
Pulmonary	CXR PA (optional)		✓	✓
	Spirometry		✓	✓
Digestive	Liver Function		✓	✓
	H. Pylori Breath Test		✓	✓
	FOBT (Fecal Occult Blood Testing)		✓	✓
	Imaging	Colonoscopy	✓	✓
Urology	Kidney Function		✓	✓
	Urinalysis + Micro		✓	✓
Oncology	Screening	Mammograms: Breast		✓
		Low Dose CT: Lung (optional)	✓	✓
		FIT- Colorectal	✓	✓
		PAP Smear		✓
		PSA: Prostate	✓	
	Hereditary (Add-On)	Cancer Panel		
		BRCA ½		
Infection	Screening	HIV	✓	✓
		HepB	✓	✓
		HepC	✓	✓
	High Risk	GC/Chlam		
		Syphilis		
		HSV1/2		
		TB		
Immune	MMRV Titer			
	HepB Titer			
Allergy Testing				
Musculoskeletal	Vitamin D			
	Osteoporosis CTX			
Fitness Test	Body Composition		✓	✓
	Functional Movement		✓	✓
	MSK assessment		✓	✓
	Injury Assessment			
3D/4D Ultrasound	Add-On	1 Organ		
		2 Organs		
		3 Organs		
		Full Body		
Mental Health			✓	✓
Dietitian			✓	✓
Physician Follow Up			✓	✓